



 Body

 Mind

 Recovery

 **Nutrition**

Chicken Shawarma

 Meal Prep/Freezer Friendly

 Nut Free

 Low Carb

 High Protein


Serves
6


Prep Time
15 minutes


Cook Time
40 minutes





 Body

 Mind

 Recovery

 Nutrition

02:38

Ingredients

For the chicken:

- 2 tbsp. cornflour
- 1 tbsp. salt
- 1 tsp. ground cumin
- 1 tsp. paprika
- 1 tsp. turmeric
- ½ tsp. ground cloves
- 1 tbsp. cayenne pepper
- 1 tsp. ground cinnamon
- 2 tbsp. olive oil
- 1.6 lbs. (750g) chicken thighs, boneless, skinless

For the salad:

- 1 broccoli, chopped
- 1 cup (230g) Greek yogurt
- 1 tbsp. Dijon mustard
- 1 tsp. salt
- 2 tbsp. parsley, chopped

Nutrition (Per Serving)

Calories	Fats	Protein	Carbs
272	11 g	32 g	12 g

Instructions

1. Preheat the oven to 360°F (180°C). Grease a loaf tin.



PointClickCare®

4. Layer

5. In the
must

6. Once



and slice. Serve immediately with the broccoli salad.
